

More Chef Specials (Pick-Up)

Full / Half

Mediterranean Tilapia (Oven)

You've never tasted such tender fish! Tilapia, tomatoes and feta cheese all combine to create a delectable meal. This dinner comes together super quickly in the oven, sure to please!! Full size serves 4-6, half size serves 2-3.

26.10/12.85

Mini Cheddar Meatloaves (Oven)

Individual servings, and in every bite is a yummy sauce. With smaller loaves it makes cooking time quicker. Full serves 4-6. Half serves 2-3

14.85/7.90

Crispy Chicken Fingers (Oven)

If you ever wished you knew how to make homemade, healthy chicken fingers ready to pop into the oven here is your wish granted. Full serves 4-6. Half serves 2-3.

15.50/8.25

Chipotle Lime Flank Steak (Grill)

Smoky chipotle peppers are combined with honey, lime juice, dijon mustard, garlic, fresh cilantro and the perfect blend of seasonings. This is grilling perfection. Full serves 4-6. Half serves 2-3.

22.50/12.00

Spinach Stuffed Italian Meatloaf (Oven)

A beautiful way to get your kids to eat spinach. Full serves 4-6. Half serves 2-3.

26.75/14.25

Teriyaki Pork Tenderloin (Oven)

Moist and tender pork tenderloins. Full serves 4-6. Half serves 2-3.

25.95/13.80

Vegetable Lasagna (Oven)

A crowd pleaser! Slow simmered homemade vegetable sauce baked with a combination of cheeses. Full size only. Serves 6-8.

22.45

Veggie Topped Tilapia (Oven)

A Light and Tasty dish that tickles your taste buds with onion, green pepper, tomatoes and parmesan cheese. This dish cooks for 15 minutes for an easy and healthy dinner, Full serves 4. Half serves 2.

22.40/11.90

Cheese Enchiladas (Oven)

A popular Mexican dish! Tortillas rolled around a savory, cheese filling and baked in a spicy chili sauce. Full serves 4-6. Half serves 2-3.

17.00/9.25

Better Kiss Me Now Pork Tenderloin (Oven)

Pork Tenderloin loaded with fresh chopped garlic in a marinade that has mustard, honey and lemon, with a mustard sauce on the side. Full size serves 4-6. Half size serves 2-3.

27.00/14.25

Desserts (Pick-Up)

Oatmeal Raisin Cookie Dough (dozen)	7.50
Chocolate Chip Cookie Dough (dozen)	7.00
White Chocolate Macadamia Nut Cookie Dough (dozen)	8.35
Apple Turnovers (4)	6.00
Apple Cake (serves 4-6)	8.00
Brownies	3.00



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Hours

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Saturday 10am-3pm
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Let us do the hard part - chop onions, make sauces, trim meats, and you do the fun part- eat! Place your order online, by phone, fax, or e-mail and let us know what day and time you want to come in. If our voice mail answers, leave a message and we will call you back to take your order. You may also stop by ANYTIME we are open to buy pre-made meals & side dishes.

Name _____

Phone _____

Pick-Up _____

Time _____



July Menu
Available through
July 25th



From Our Kitchen To
Yours
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July Entrees (Assembly or Pick-Up)

	Full / Half
Asian Honey Chicken (Stovetop) A combination of chicken breast, green pepper, red pepper, carrots and onions in a sweet honey soy sauce marinade. Full serves 4-6. Half serves 2-3.	20.00/10.75
Cheese Lasagna Rolls (Oven) This is a great recipe that is meatless and light. Full serves 4-6. Half serves 2-3.	23.00/12.25
Barbequed Skirt Steak (Grill) South side Chicago style skirt steaks are marinated in red wine and barbeque sauce before being grilled to Perfection. Full serves 4-6. Half Serves 2-3.	25.00/13.50
Beef Sate (Grill) Strips of Flank Steak are threaded on skewers and sit in a wonderful saucy marinade. Would make a terrific appetizer too! Full serves 4-6. Half serves 2-3.	22.50/12.00
Chicken Sate (Grill) A twist on an Indonesian favorite. Our tender strips of chicken get marinated in a zesty sauce. Full serves 4-6. Half serves 2-3.	18.00/9.75
Firehouse Pork Skewers (Grill) Here's a tangy dish that's flavorful and a bit spicy. Full serves 4-6. Half serves 2-3.	22.00/11.75
Firecracker Salmon (Grill) Marinated in balsamic vinegar, brown sugar, garlic, ginger and grilled to perfection. Even people who don't love Salmon love this recipe. Full serves 4. Half serves 2.	23.10/12.30
Grilled Pork Tenderloin with Rice (Grill) Pork tenderloins marinated in honey, soy sauce, fresh ginger, fresh garlic and other herbs. Serve with rice provided. Full serves 4-6. Half serves 2-3.	22.00/11.75
Grilled Steak Spirals (Grill) For all you steak lovers; here is a delicious and quick cooking entree. Strips of flank steak are coiled and skewered and then marinated with a soy, ginger, honey and garlic mixture. Treats on a stick! Would make a fun appetizer, too. Full serves 5. Half serves 3.	25.00/13.50
Italian Baked Chicken Tenders (Oven) This baked chicken recipe with breadcrumb and parmesan coating keeps each chicken tender moist and delicious. Full serves 4-6. Half serves 2-3.	20.00/10.75
Signature Skirt Steak (Grill or Broil) Back by popular demand, this flavorful Skirt Steak marinated in our own signature marinade. A treat for the taste buds. Full size serves 4-6. Half serves 2-3.	22.75/12.25

July Entrees (Assembly or Pick-Up)

	Full / Half
South of the Border Chicken Breasts (Grill) Create a south-of-the-border taste with a flavor-packed combination of cheeses, chiles and spices. Ole! Full serves 4-6. Half serves 2-3.	20.00/10.50
Spinach Steak Pinwheels (Grill) Bacon and spinach bring plenty of flavor to these spirals. Full serves 4-6. Half serves 2-3.	25.00/13.50
Taco Casserole (Oven) This feel good casserole puts a spin on your everyday taco. It has a crunchy chip crust, kidney & black beans, corn and the perfect Mexican cheese blend. You won't want to pass this one up! Full serves 4-6. Half serves 2-3.	21.99/11.75
Tilapia Bruschetta (Grill) Inspired by fabulous, fresh bruschetta. Tilapia fillets topped with fresh roma tomatoes, basil, plenty of garlic and a few other goodies. Full serves 4. Half serves 2-3.	21.50/11.50
Vegetable Lasagna Roll-Ups (Oven) Lasagna rolls filled with vegetables and creamy cheese are tasty and a deliciously clever way of getting kids to eat their veggies! Full serves 4-6. Half serves 2-3.	22.00/11.75

Side Dishes & Soups (Pick-Up)

Balsamic Roasted Asparagus (serves 4)	6.70
Carrots with Honey Butter (serves 4)	3.00
Chipotle Cheddar Corn Casserole (serves 4)	5.85
Greek Orzo Salad (1 lb.)	6.50
Mashed Potatoes (serves 6)	6.50
Mexican Bean Salad (1 lb.)	3.99
Rice Pilaf (serves 6)	4.50
Garlic Butter Green Beans (serves 4)	7.00
Tuscany Tomatoes (serves 4)	5.00
Mixed Vegetable Pasta Medley	3.60
Baked Macaroni and Cheese	7.00
Triple Cheese Stuffed Potatoes	5.75
Mini Potato Pancakes	3.75

Ready to Eat (Pick-Up)

Buffalo Chicken Wings	12.75
Wings with BBQ Sauce	11.99

Chef Specials (Pick-Up)

The following entrees are customer favorites!!! Made in our kitchen for pick-up only.

	Full / Half
Asian-Style Grilled Tilapia (Grill or Broil) Tender tilapia marinated in an Asian-Style Sauce and broiled for a delicious and quick meal! Full serves 4. Half serves 2.	19.00/10.50
Baked Parmesan Tilapia (Broiler) Tilapia covered in a parmesan crust and baked to create this delicious meal. Full serves 4. Half serves 2.	21.25/11.30
Blue Cheese Burgers (Grill) Ground beef is formed into generous-sized burgers stuffed with a compound of blue cheese butter! Full serves 4. Half serves 2.	15.00/7.99
Mediterranean Burgers with Olive Tapenade (Grill) Lean ground beef is formed into generous-sized burgers stuffed with feta and a mixture of herbs. Top with an Olive Tapenade. Mouth watering good. Full serves 4. Half serves 2.	17.40/9.25
Jambalaya with Shrimp and Cajun Sauce (Stovetop) Shrimp, Cajun sausage, rice, onion, garlic and lots of herbs and spices blend together in this stove top meal-in-one entree. Full serves 4-6. Half serves 2-3.	26.00/13.75
Chili Hamburgers (Grill) Fresh ground beef patties loaded with green peppers, onion and chili powder. Burgers on the grill will never be the same again. Full serves 4. Half serves 2.	15.00/7.99
Chili Mac (Oven) Chili Mac is one of our favorite comfort foods combining macaroni and cheese with a bit of chili. Once a favorite for children whose appeal extends well into adulthood. Full size only. Serves 6-8.	16.25
Crockpot BBQ Pulled Chicken (Crockpot) Boneless chicken breasts cook long and slow in your crock pot with our homemade BBQ sauce. An easy weeknight meal that doesn't heat up your kitchen in the summertime! Your kids will love it. Full only serves 4-6.	22.75
Crunchy Caesar Chicken Tenders (Oven) Home-made Caesar marinade makes white meat chicken tenders, tender and delicious, and then we encrusted them in French Fried onions for just the right final touch. Full serves 4-6. Half serves 2-3.	20.25/10.75
Greek Stuffed Chicken (Oven) Chicken cutlets stuffed with feta cheese, roasted red peppers and olives. Makes a great dish for company, Full serves 4-6. Half serves 2-3.	21.25/11.30
Cheddar Bacon Hamburgers (Grill) A great way to add some flavor to your hamburgers! Burgers stuffed with bacon & cheddar. Just add your own toppings at home! Full serves 4. Half serves 2.	15.25/8.15